

UAMS Arkansas Geriatric Education Collaborative (AGEC)

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Update: August 26, 2024

The UAMS Arkansas Geriatric Education Collaborative (AGEC) is funded by the Health Resources and Services Administration's Geriatric Workforce Enhancement Program under grant #. U1QHP53054-01-00

About the UAMS Arkansas Geriatric Education Collaborative (AGEC)

\$5M 5-year **Geriatric Workforce Enhancement Program (GWEP) grant**, funded by the Health Resources and Services Administration (HRSA)

Annual amount allocated for Alzheimer's Disease & Related Dementias education and support is around:
~\$260,000/annually (of the \$1M/annual budget)

Goal of all GWEP grantees

To educate and train the primary care and geriatrics workforces and other appropriate specialties to provide age and dementia friendly care for older adults in integrated geriatrics and primary care sites/delivery systems.

Objectives of all GWEPs Grantees

- 1) Develop reciprocal partnerships between academia, primary care sites/delivery systems (including nursing homes), and community organizations, to transform clinical training environments into integrated geriatrics and primary care sites/delivery systems that are age-friendly and **dementia-friendly**.
- 2) Provide interprofessional geriatrics clinical training and education to students, residents, fellows, faculty, and preceptors in Tribal, Tribal Organizations, Underserved and/or Rural (TTOUR) primary care sites/delivery systems with the intent to have them practice in these sites upon completion of their program.
- 2) Establish and/or maintain education and training programs in TTOUR primary care sites/delivery systems that provide the **supportive care workforce**, direct care workers, and the primary care workforce with the knowledge and skills to improve the care of older adults, **including persons living with dementia**, by using innovative technology and methods.

Objectives for Clinical Experiences/Training

Healthcare professionals



Age-Friendly Health System Certification

- Institute for Healthcare Improvement (IHI) and The John A. Hartford Foundation provide “4Ms” framework for attaining Level I and II Certification as an Age-Friendly Health System
 - 4Ms: Mobility, Medication, What Matters, and **Mentation**
 - UAMS TLLC: Attained Level 1 Certification Jan 2021
 - ARcare: 6 clinics Level 2 Certified; 7 clinic Level 1 Certified
 - 98 healthcare staff trained grant-to-date

Objectives for Clinical Experiences/Training

Healthcare professionals



Clinical Training Partnerships New for this Grant

- ARcare, a federally qualified health center (FQHC)
 - Direct training partnership with 10 rural AR clinics (Age and dementia-friendly) Required to support up to 22 students/academic yr for 8 week longitudinal clinical rotations in TTOUR sites (Tribal, Tribal Organizations, Underserved and/or Rural)
 - Age and dementia training for all students their mentors and faculty:
 - UAMS: Pharmacy, nursing and physician assistant
 - UCA: COHP (psychology, communications disorders, and nursing)
 - ACHE (AR College of Health Ed in Ft Smith): OT; PT; DO

Examples of Dementia Programs Planned

- Training of health professions students:
 - Partnership with UCA regarding S-tap program
 - Required modules for all stipended students
 - Required modules for healthcare workers and mentors in our partnered TTOUR clinical sites
 - Nursing curr. of state-wide Colleges of Nursing (UCA, ASU, UAMS, HSU, National Park, Fort Smith U of A) Inclusion/mapping of age and dementia friendly concepts into their curriculums
 - Training UAMS mobile health unit staff on age and dementia friendly concepts including: inclusion of OA screens such as for dementia, depression, falls, high risk medications, etc..

Examples of Dementia Programs Planned

- Training Healthcare professionals:
 - Educating mentors and faculty of our TTOUR students regarding age and dementia friendly care
 - Minimum 2 health professions continuing education events per year focused on dementia
- Dementia experiences being taught in the community by health professions students & faculty (ACHE)

Examples of Dementia Programs Planned

- Development of specialty tracts (career ladders, apprenticeships) for CHWs and CNAs that are geriatric focused and include dementia modules and training
- Certified Dementia Program® (8 hrs of training)
 - Offered to nursing home and other healthcare workers
 - Provided as a required 8 hr training in our partnered CNA program
- Dementia-focused Family Caregiver Workshops
- Dementia Friendly America® Business trainings to consumer facing organizations

Examples of Dementia Programs Planned

- First Responder Dementia and Elder Abuse Training – in person and virtual i.e. (MEMS and AR State Police Cadets in person)
- AAA's and UAMS mobile health unit will be broadcasting dementia prevention activities and chronic disease self-management activities along with other social programs and activities
- Dementia prevention activities: i.e. Ageless grace; Tia Chi; line-dancing; social programs to reduce loneliness; evidence-based programs to improve chronic disease self-management skills such as DEEP (diabetes management), AMOB (fall prevention)

AGEC Caregiver Resources

- Virtual Caregiver Support Group
- AGECaring Friends
 - Periodic Newsletter (Pictured right)
 - Facebook Live: 1st Wed. Monthly
- Caregiver Tips
 - New video monthly
- Caregiver Stories
 - At least 2 videos annually
- Caregiver Toolkit
 - agec.uams.edu/resources
- UAMS Age Wise Podcast
 - agec.uams.edu/podcast

Fall 2021 | ISSUE 7



AGECaring NEWSLETTER

Providing support and education for
older adults and caregivers
Sponsored by The Arkansas Geriatric Education Collaborative (AGEC)

Keeping You Informed:



Join us Monthly

From Our Kitchen to Yours

Oct. 27th, Nov. 24th, Dec. 15th at 10:00 AM
held Live on the AGEC Facebook page

Flu Protection and Older Adults



Ask your physician:

- **Who** should get it
- **When** you should get it
- **Why** you should get it

Everyday preventative actions include avoiding people who are sick, covering coughs, and washing hands often.

Learn more at cdc.gov.



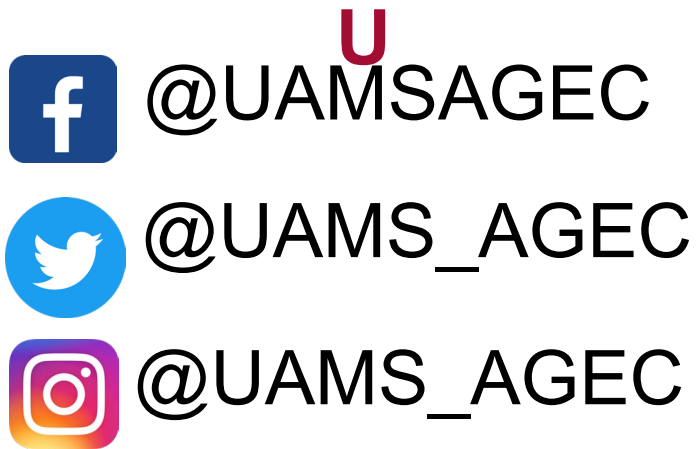
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UAMS Age Wise

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Apple Podcasts, Spotify, and Overcast.

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NEW PODCAST
Listen now!
UAMS AGE WISE

UAMS
Older Adult Healthcare Conversations

Managing Caregiver Stress
UAMS Age Wise

UAMS Age Wise (by the Arkansas Geriatric Education Collaborative)
by AGECEC team

America's population is aging rapidly, and this podcast is here to dive deep into the challenges facing the older population. Experts from the Arkansas Geriatric Education Collaborative (AGECEC) at the University of Arkansas for Medical Sciences (UAMS) talk about a variety of topics related to healthy aging. The AGECEC's mission is to provide high-quality programs that support healthy aging in Arkansas. The AGECEC is funded by the Health Resources & Services Administration's Geriatric Workforce Enhancement Program - (GWECP)

Listen on

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Donald W. Reynolds Institute on Aging
Arkansas Geriatric Education Collaborative
agece.uams.edu/podcast