EXHIBIT F



HealthySteps

PEDIATRIC CARE • SUPPORTING • PARENTING

A Program of ZERO TO THREE

HEALTHYSTEPS IN ARKANSAS

NOVEMBER 2026

© 2023 ZERO TO THREE. Use of these materials is expressly limited to Programs approved by the HealthySteps™ National Office (Program) and which are a part of the HealthySteps™ National Network for the sole purpose of implementation and delivery of the Program. Adaptations, reproductions, revisions, excerpts, derivatives including but not limited to translations, and other exploitation of the materials are expressly forbidden without the prior written authorization of ZERO TO THREE.

HealthySteps® A Program of ZERO TO THREE



What is HealthySteps?

An evidence-based, interdisciplinary pediatric primary care program that promotes nurturing parenting and healthy development for babies and toddlers, particularly in areas where there have been persistent inequities for families of color or with low incomes.

HealthySteps Specialists are integrated into the pediatric team to provide short-term behavior/development consultation and referrals, intensive services when needed, and support practice screening efforts.

© 2022 ZERO TO THREE. All rights reserved.

HealthySteps® A Program of ZERO TO THREE



Pediatric Setting

ACCESS	Almost all families take their babies to see a pediatric primary care provider
TRUST	Parents trust their pediatric primary care provider
ACCEPTED	The pediatric office is a non-stigmatizing setting
FREQUENT	New parents attend 12-13 well-child visits within the first 3 years of life; half occur in the first year

© 2021 ZERO TO THREE. Use of these materials is expressly limited to Programs approved by the HealthySteps™ National Office (Program) and which are a part of the HealthySteps™ National Network for the sole purpose of implementation and delivery of the Program. Adaptations, reproductions, revisions, excerpts, derivatives including but not limited to translations, and other exploitation of the materials are expressly forbidden without the prior written authorization of ZERO TO THREE.

HealthySteps® A Program of ZERO TO THREE

Initial HealthySteps Demonstration in Arkansas

Arkansas Children's Care Network

Arkansas Chapter

American Academy of Pediatrics
DEDICATED TO THE HEALTH OF ALL CHILDREN®

EXCEL BY EIGHT



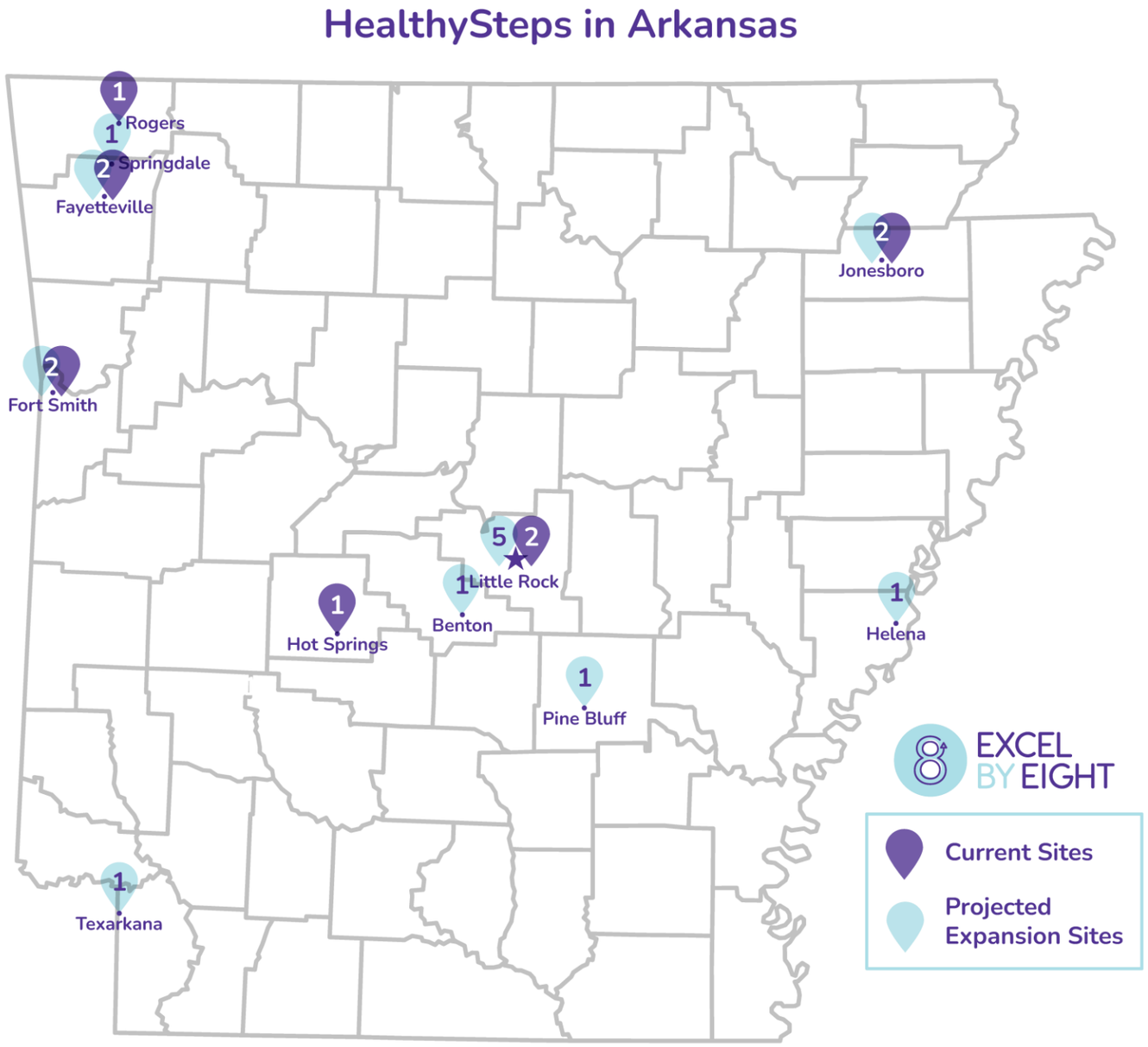
Blue & You FOUNDATION
For a Healthier Arkansas

Walmart org

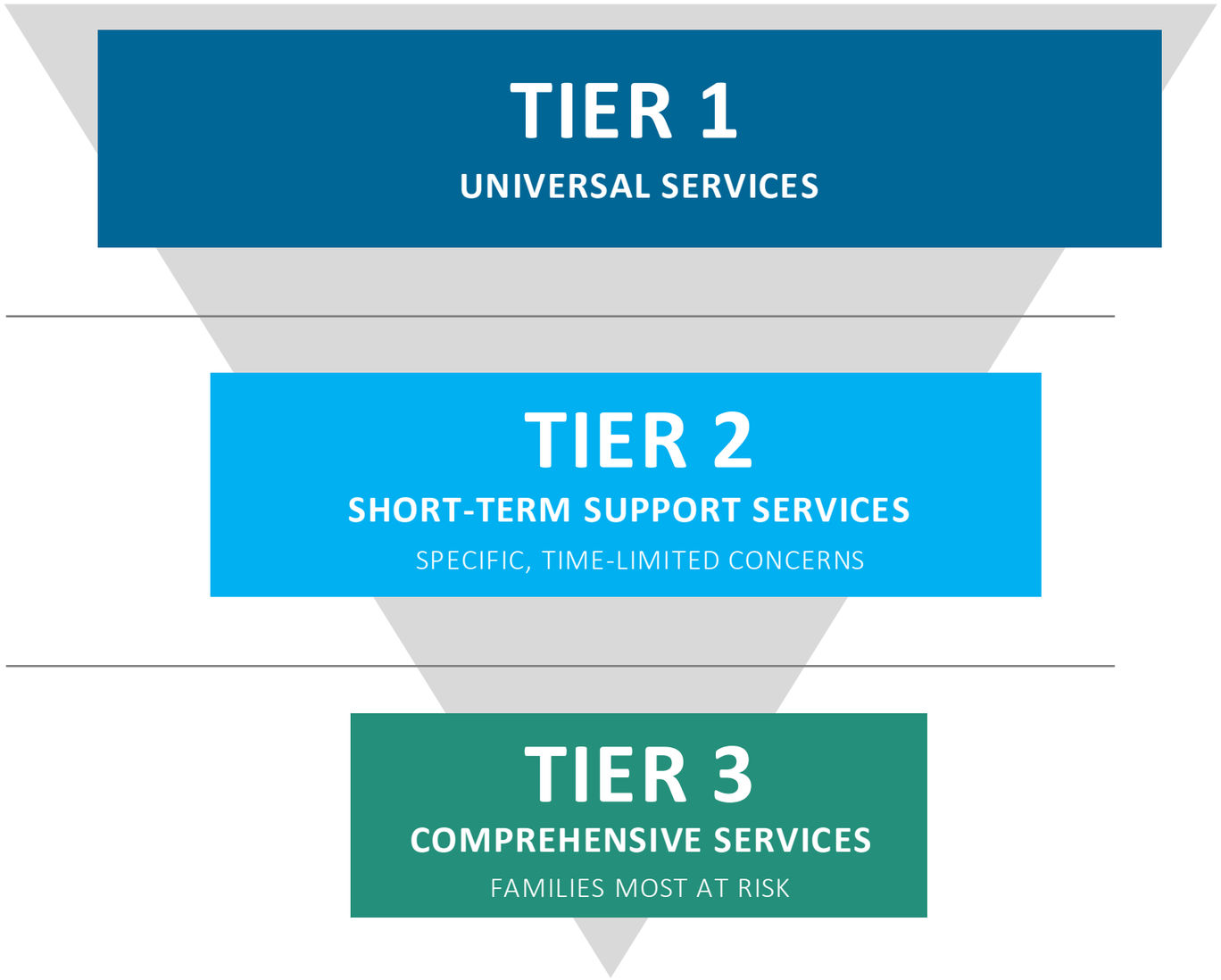
ARKANSAS community foundation
Smart Giving to Improve Communities

Expanded Reach

- Additional investments from HealthySteps National Office and the Transforming Pediatrics for Early Childhood (HRSA grant to UAMS)
- Expanded reach to ~20 practices
- Added family medicine sites and rural practices
- Additional sites in planning stages



Tiers of Service Delivery



1. Child developmental & behavioral screenings

2. Screening for family needs
   - MATERNAL DEPRESSION
   - OTHER RISK FACTORS
   - SOCIAL NEEDS

3. Family support line
   - PHONE, TEXT, EMAIL, ONLINE PORTAL

All Tier 1 services, plus…

4. Child development & behavior consults
5. Care coordination & systems navigation
6. Positive parenting guidance & information
7. Early learning resources

All Tier 1 & 2 services, plus…

8. Ongoing, preventive team-based well-child visits

© 2025 ZERO TO THREE. All rights reserved.



Core Components

- Child Developmental, Social-Emotional & Behavioral Screenings
- Care Coordination & Systems Navigation
- Screenings for Family Needs
  e.g., PPD, other risk factors, SDOH
- Positive Parenting Guidance & Information
- Child Development Support Line
  e.g., phone, text, email, online portal
- Early Learning Resources
- Child Development & Behavior Consults
- Ongoing, Preventive Team-Based Well-Child Visits

© 2021 ZERO TO THREE. Use of these materials is expressly limited to Programs approved by the HealthySteps™ National Office (Program) and which are a part of the HealthySteps™ National Network for the sole purpose of implementation and delivery of the Program. Adaptations, reproductions, revisions, excerpts, derivatives including but not limited to translations, and other exploitation of the materials are expressly forbidden without the prior written authorization of ZERO TO THREE.

HealthySteps® A Program of ZERO TO THREE



© 2023 ZERO TO THREE. All rights reserved.

HealthySteps® A Program of ZERO TO THREE

Arkansas Reach

Arkansas Children's Care Network sites:

- 12 sites active, one inactive
- More than 68,000 children served as of February 2026
- Estimate more than 16,600 kids served annually going forward.

University of Arkansas for Medical Sciences sites:

- 5 sites active, two in progress
- 2300+ served as of February 2026

Source: Unpublished data from Arkansas Children's Care Network and University of Arkansas for Medical Sciences

Top Family Needs Being Addressed

- Maternal Depression
- Food Insecurity
- Child Care Affordability and Access
- Income Supports

Source: Unpublished data from Arkansas Children's Care Network and University of Arkansas for Medical Sciences

Health System Impacts

- Mothers of children attending a HealthySteps pediatric clinic are **6.2 times more likely to have a maternal depression screening** than mothers at a non-HealthySteps pediatric clinic

- Compared to non-HealthySteps moms, mothers with high level of HealthySteps usage (13+ visits) were
  - **10.4 times more likely to have a maternal depression screening**
  - **22% more likely to have a depression diagnosis**
  - **More likely to access health care appropriately**, including improved use of outpatient care, improved initiation of antidepressants, and lower overall pharmacy expenditures

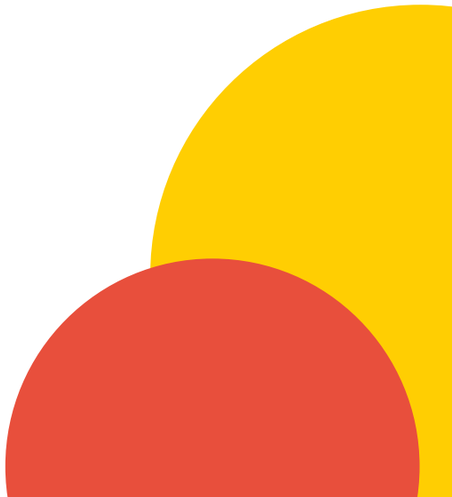
- HealthySteps children aged 15-30 months had 7% higher wellness visit completion

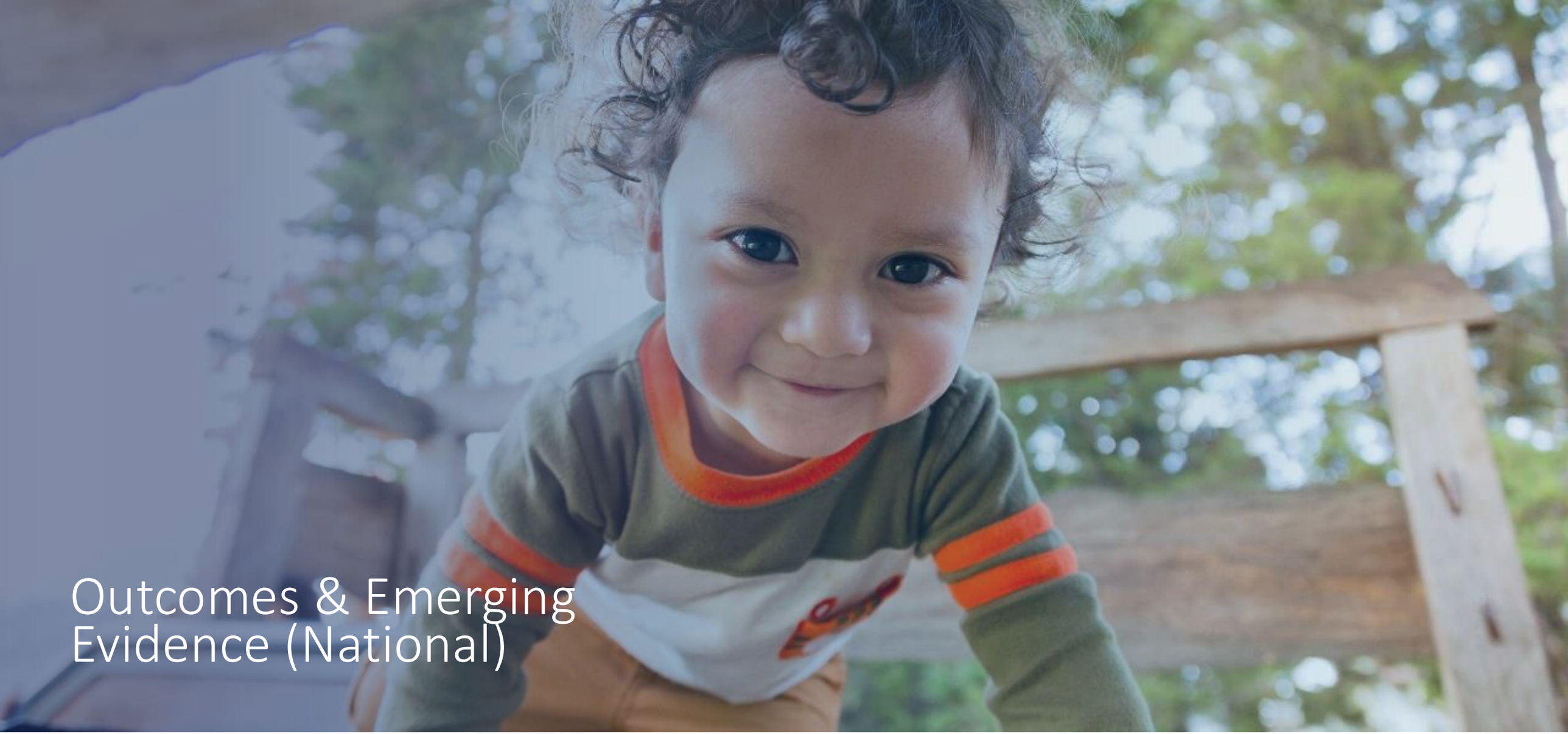
- HealthySteps children under age one had 19% higher rate of developmental screening

*The methods and findings reported here are based on a collaborative effort across multiple partners: Zero to Three (the HealthySteps national program lead), the Arkansas Chapter of the American Academy of Pediatrics Foundation (ARAAP), and the Arkansas Children's Care Network (ACCN)

Perinatal Health Policy in Arkansas

- **Supplemental $3.44 PMPM** in Medicaid Patient-Centered Medical Home began 1/1/24 for HealthySteps practices (Act 513 of 2023)
- Medicaid Reimbursement for Pediatrician-Recommended **Screenings**
  - Maternal Depression
  - Developmental Screenings
- **Integrated Behavioral Health** by employed team members (administrative)
  - Supports small teams and deeper levels of behavioral health care
- **Breastfeeding and Lactation** Services Reimbursement (Act 627 of 2025)
- **Doula** Certification and Reimbursement (Act 965 of 2025)
- **Healthy Moms, Healthy Babies** (Act 140 of 2025)
- **Community Health Worker** Reimbursement (Act 435 of 2025)





Outcomes & Emerging Evidence (National)

© 2023 ZERO TO THREE. Use of these materials is expressly limited to Programs approved by the HealthySteps™ National Office (Program) and which are a part of the HealthySteps™ National Network for the sole purpose of implementation and delivery of the Program. Adaptations, reproductions, revisions, excerpts, derivatives including but not limited to translations, and other exploitation of the materials are expressly forbidden without the prior written authorization of ZERO TO THREE.

HealthySteps® A Program of ZERO TO THREE

National Average: Short-Term Medicaid Cost Savings



CHILD-FOCUSED INTERVENTIONS

- Oral health
- Asthma*
- Appropriate use of care for ambulatory sensitive conditions
- Flu vaccine



ADULT-FOCUSED INTERVENTIONS

- Breastfeeding
- Postpartum maternal depression
- Intimate partner violence
- Healthy birth spacing
- Smoking cessation

Average Annual Savings to Medicaid (national)

163% AVERAGE ANNUAL ROI

Includes analyses at state, health system, and site levels with both well-established and new sites, leveraging the HealthySteps cost savings model developed by Manatt Health.

For every $1 invested in HealthySteps, an estimated $2.63 in savings is realized by state Medicaid agencies each year.

*Asthma is a *recently* added cost savings intervention and therefore is not captured in the 163% annual ROI calculation.

© 2021 ZERO TO THREE. All rights reserved.

HealthySteps® A Program of ZERO TO THREE

HealthySteps Savings Accrue to Multiple Sectors

	HealthySteps Service	Healthcare	Education	Public Assistance	Child Welfare	Criminal Justice
Short-term savings ***only***	Appropriate Use of Care	●				
	Reduction in Asthma Incidents	●				
	Diapers Assistance	●				
	Reduction in Intimate Partner Violence	●				
	Breastfeeding Support	●				
	Food Security	●				
Long-term savings ***only***	Early Detection		●	●		
	Positive Parenting	●	●		●	●
	Smoking Cessation	●				
Both short- and long-term savings	Oral Health	●				
	Maternal Depression Treatment	●				
	Birth Planning/Spacing	●		●	●	
	Immunizations	●				

Reflects interventions provided to caregiver(s) that generate savings

HealthySteps Helps Support Select HEDIS Measures

HEDIS Measure	HS Area of Focus/Relevant RCT Outcomes
Ambulatory care – emergency department visits Adults' access to preventative/ambulatory health services	**Parental education/support: Appropriate use of care** ★ • Children were 23% less likely to visit the emergency room for injuries in a 1-year period[1]
Postpartum care	**Parental education: Unhealthy birth spacing** ★ • Mothers were 1.4x more likely to have a nonmedical referral, including for maternal depression[1] • Mothers with depressive symptoms were more likely to discuss their symptoms[1, 2, 4] • Providers were more likely to discuss postpartum depression with mothers[3] • Mothers with depressive symptoms reported fewer symptoms after 3 months in the program[9]
Flu vaccines for adults Initiation & engagement alcohol and other drug dependence treatment Medical assistance with smoking and tobacco cessation (18+)	**Parental education: Prevention and tobacco, alcohol, and substance use** ★ • Families were 4x more likely to receive information on community resources[1]

★ Intervention drives short-term Medicaid cost savings

© 2023 ZERO TO THREE. Use of these materials is expressly limited to Programs approved by the HealthySteps™ National Office (Program) and which are a part of the HealthySteps™ National Network for the sole purpose of implementation and delivery of the Program. Adaptations, reproductions, revisions, excerpts, derivatives including but not limited to translations, and other exploitation of the materials are expressly forbidden without the prior written authorization of ZERO TO THREE.

HealthySteps® A Program of ZERO TO THREE



Looking Ahead in Arkansas

© 2023 ZERO TO THREE. Use of these materials is expressly limited to Programs approved by the HealthySteps™ National Office (Program) and which are a part of the HealthySteps™ National Network for the sole purpose of implementation and delivery of the Program. Adaptations, reproductions, revisions, excerpts, derivatives including but not limited to translations, and other exploitation of the materials are expressly forbidden without the prior written authorization of ZERO TO THREE.

HealthySteps® A Program of ZERO TO THREE

HealthySteps Arkansas Growth

- Arkansas Chapter, American Academy of Pediatrics received Rural Health Transformation Program grant for 2 new rural HealthySteps sites
- Future policy needs
  - Multi-payer investment in HealthySteps
  - Preventive mental health and child development support in medical homes
  - Improved access to existing parent-child therapy for families experiencing trauma
  - Solutions that work in rural Arkansas



Anna Strong, MPH, MPS
Executive Director, AR Chapter AAP
anna@arkansasaap.org
501-626-5777

© 2023 ZERO TO THREE. Use of these materials is expressly limited to Programs approved by the HealthySteps™ National Office (Program) and which are a part of the HealthySteps™ National Network for the sole purpose of implementation and delivery of the Program. Adaptations, reproductions, revisions, excerpts, derivatives including but not limited to translations, and other exploitation of the materials are expressly forbidden without the prior written authorization of ZERO TO THREE.

HealthySteps® A Program of ZERO TO THREE