

Expecting a Baby?
Get the Support You
Need – Right at Your
Fingertips!





## Download the Pregnancy+ App Today!

Now available for **FREE** to all Arkansas moms, the **Pregnancy+ app** is your go-to guide for a **healthier**, **more confident** pregnancy and early motherhood.

### Why Download Pregnancy+?



#### Personalized Pregnancy Tracking

Follow your baby's growth and development with interactive 3D models.



#### **Expert Advice at Your Fingertips**

Access over **800 articles** on pregnancy, birth and newborn care.



#### **Exclusive Arkansas Resources**

Connect with **local** maternal health services, early childhood programs and support networks. Plus, learn how to sign up for Medicaid, WIC and more.



#### **Audio and Video Courses**

Learn from health professionals on topics that matter to you.



#### Easy-to-Use Tools

Track appointments, kick counts, contractions and more!

# A Healthier Pregnancy Starts Here!

Arkansas moms deserve the **best support** – and it's now **FREE**. Download **Pregnancy+** today and take charge of your journey to motherhood!



