

RECOGNIZING AND RESPONDING TO THE IMPACT OF TRAUMA ON STUDENTS AND SCHOOL PERSONNEL



UAMS



Blue&You
FOUNDATION
FOR A HEALTHIER ARKANSAS



CHILDHOOD TRAUMA IN ARKANSAS



9% have witnessed
domestic violence.

16% have a parent
who is incarcerated.

1 in 7 experience
physical, emotional or
sexual abuse or neglect
in any given year.

13% live with a parent
who has a substance
abuse problem.

10% live with a parent
who has serious
mental health issues.

COVID-19



- The pandemic has created new trauma and added new adversities on top of preexisting trauma
- Rates of anxiety and depression have doubled, especially in adolescents
- The demand for mental health services has outpaced the supply

Arkansas Building Effective Services for Trauma (ARBEST)

MISSION

Improve outcomes for traumatized children and their families in Arkansas through excellence in



CLINICAL
CARE



TRAINING



ADVOCACY



EVALUATION

Building a Trauma-Informed State



10,183

Professionals Trained in
Trauma-Informed Care

47,606

Children Registered in ARBEST
WebPortal by Advocates &
Mental Health Professionals



The Arkansas Trauma Resource Initiative for Schools (TRIS)

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TRAUMA RESOURCE INITIATIVE GOAL



- The Trauma Resource Initiative for Schools (TRIS) will support schools in their efforts to **prepare** for, **respond** to, and **recover** from traumatic events affecting members of the school community.



How TRIS Will Support Schools

Trauma Training Foundations

- Live and online training building basic trauma knowledge

Resource Dissemination

- Equipping school staff with resources to prepare for and respond to traumatic events

Consultation to Administrators

- Individualized support in aftermath of a trauma impacting a school community

Trauma-Related Care Navigation

- Reducing barriers to accessing evidence-based trauma treatment

About the TRIS

- TRIS leverages the expertise and infrastructure of the UAMS [Department of Family and Preventive Medicine](#) and the [Psychiatric Research Institute/ARBEST](#) and collaborations with the [Arkansas Department of Education](#)
- Initial three-years funded by the Blue & You Foundation in July 2021.

Find us at www.tris-ar.org



MORE ABOUT TRAUMA TRAINING



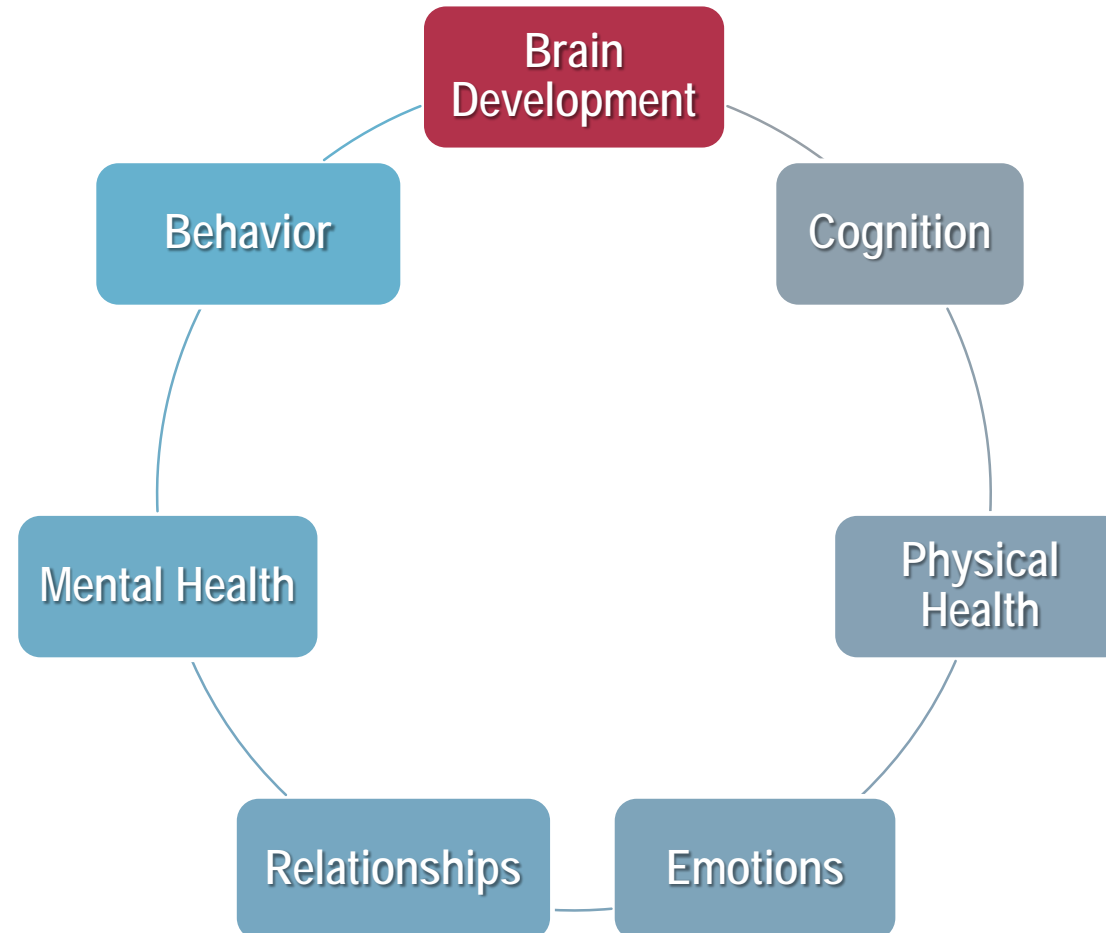
Introductory Training (2 or 3 hours):

- The impact of trauma
- Signs and symptoms of traumatic stress
- Introduction to a trauma-informed schools framework
- Key classroom strategies to build resilience
- Accessing treatment services for children and families

Wellness Series

- Organizational Wellness through a Trauma-Informed Lens (for Administrators)
- Self Care: a Key Component of a Trauma-Informed Schools (for Teachers & Administrators)

IMPACT OF CHILDHOOD TRAUMA



ADOPTING A TRAUMA-INFORMED STANCE



- It is not sufficient to acknowledge that trauma was present without accounting for the impacts it has on behavior.
- Shifting the lens from “what’s wrong with you” to “what’s happened to you”

Protective Factors

warm supportive parenting
coping skills
stable environment
positive experiences

Positive Outcomes



Risk Factors

adversities

Negative Outcomes

4 S's OF TRAUMA- INFORMED CLASSROOMS



Supportive relationships



Safety



Self-regulation and Social-
Emotional Skills Building



Self-Care



RECOGNIZING
WHEN TRAUMA
TREATMENT
MAY BE NEEDED

3 KEY FACTS



- 1 Trained >1500 school personnel since 9/1/2021
- 2 99% of educators reported they would recommend the training to a colleague
- 3 Provided individualized consultation to 6 school leadership teams following a traumatic event in the school

QUESTIONS & CONTACTS



- Find us at www.tris-ar.org
- Email us at info@tris-ar.org or naedge@uams.edu